

TUBA

DAILY

EXERCISES

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DAILY EXERCISES

By

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Includes Complete Warm-Up Routine

and

Embouchure Development Routine

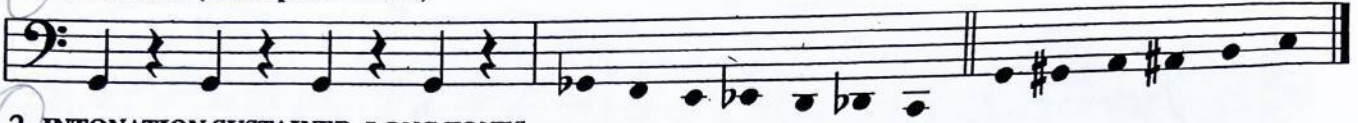
CC Tuba

Daily Warm-Up Exercises

CC TUBA

Raymond L. Conklin

1. ATTACKS (relax lips on all rests)

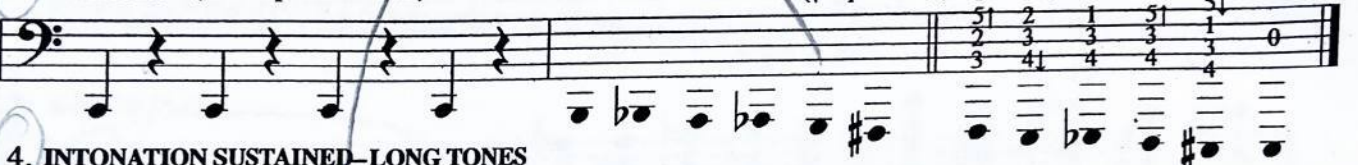


2. INTONATION SUSTAINED-LONG TONES



3. ATTACKS (relax lips on all rests)

(↑ = pull out; ↓ = push in)



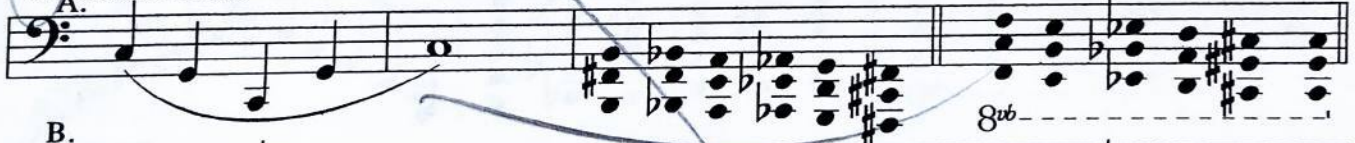
5	1	2	1	5	5
2	3	3	3	1	0
3	4	4	4	4	4

4. INTONATION SUSTAINED-LONG TONES




5. 3-NOTE SLUR

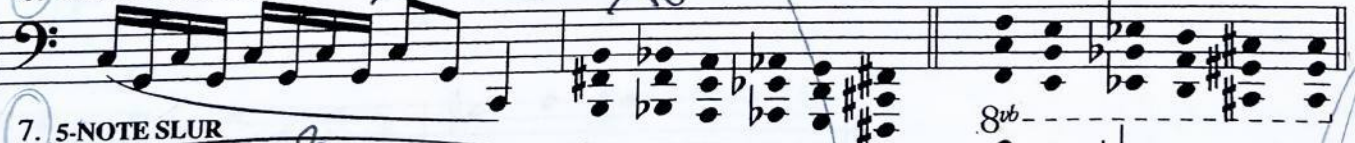
A.



B.



6. 3-NOTE FLEXIBILITY



7. 5-NOTE SLUR

A.



B.



6 B.
4 note
slur

8. ATTACKS

9. 5-NOTE FLEXIBILITY

3x

3x

take

10. MAJOR TRIADS

11. TONGUING

1-9/16

12. 6-NOTE SLUR

A.

ALTERNATE

1. One breath, or
2. Two breaths, as marked (ALTERNATE).
3. Do not close throat.
4. Do not tense neck muscles.
5. Think about syllables "ah" to "ee" or tongue arch.

B.

ALTERNATE

6. Relax embouchure as much as possible...think correct embouchure compression for each note/interval buzz on mouthpiece.
 - a. Relaxed embouchure for lower notes...corners remain in place.
 - b. Firmer embouchure compression for upper register notes...but as relaxed as possible.
7. Keep breath support at all times...quantity of air in low register/velocity of air in upper register.
8. Watch posture (chest, shoulders, back, neck, head).

13. ATTACKS

14. 6-NOTE FLEXIBILITY

At this point play major and minor staccato scales.

23. REVOLVING SCALE [Play in all major and minor keys, using all variations of attack.]

24. BREATH CONTROL (LEGATO) [Play in all keys, major and minor.]

25. LEGATO INTERVALS [Use on all major, minor, and chromatic scales. Extend beyond the octave.]

26. TRILLS [Practice in varying rhythms.]

27. EXTENDED REGISTER [Legato and Marcato]

28. SHARP ATTACKS

[Perform similar patterns in lower and higher registers]

29. LIP GLISSANDOS

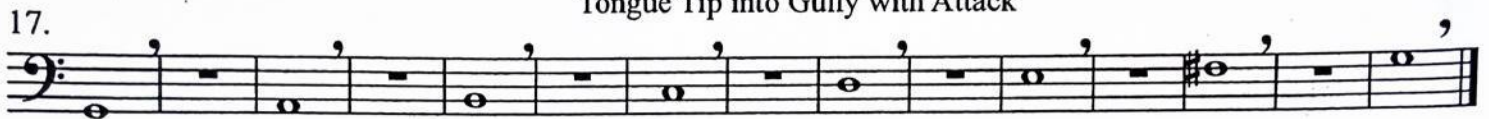
[Do on many intervals—some shorter, some longer. Extends range. Continue as high as possible, even to a “whistle” beyond printed upper tessitura notes.]

Pivot Stabilizers, cont.

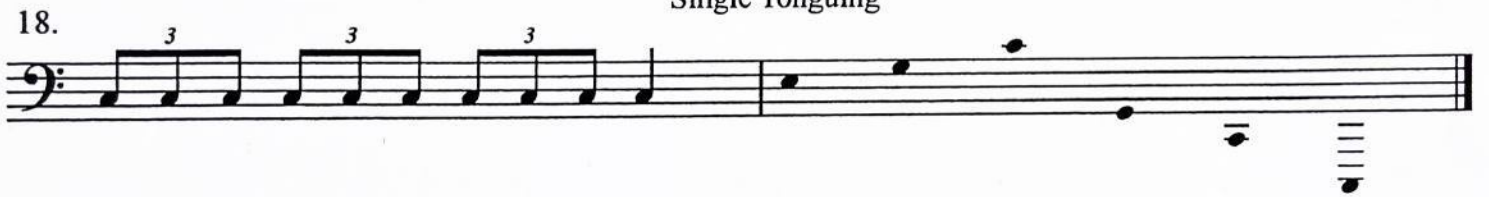
15. 

16. 

Snap Corners Forward with Attack/
Tongue Tip into Gully with Attack

17. 

Single Tonguing

18. 

Slur, Legato Tongue, Marcato

19. 

Buzzing Exercises

20. 

REST

Play chromatically up to "F," if possible.
Remember, stop when tired.